New COM Director of Wellness Programs!

Dr. Lisa Merlo Greene, Associate Professor of Psychiatry, has been named the new Director of Wellness Programs for the College of Medicine.

Dr. Merlo Greene helped to develop the longitudinal wellness curriculum for the medical students within the Collaborative Learning Group (CLG) curriculum and is a leader of the Mind-Body Medicine course. She has assembled a comprehensive catalog of all available wellness resources for UF COM faculty and trainees and is working with GatorCare to increase available resources. To better plan for additional faculty initiatives, both within-unit and college-wide, she will survey faculty in the coming months to assess current needs and opportunities. She is also available to meet with groups of faculty, divisions or departments to conduct a brief wellness needs assessment, consult regarding implementation of evidence-based interventions to enhance wellness and avoid burnout, consult on wellness related research activities, and arrange presentations on wellness topics. Please contact her at lmerlo@ufl.edu or 352-294-4932 for further information.

Check out the New College of Medicine Wellness Website: https://wellness.med.ufl.edu
On this site, you will find information about wellness initiatives for students, house staff, and faculty. A calendar of upcoming events sponsored by UF-UF Health Wellness is listed for your convenience, and the "Resources" tab includes a listing of programs and services available to assist you in working toward your personal wellness goals.

We encourage you to click on the "Wellness Rx" tab to complete a personalized wellness prescription and take the first step on your journey toward increased well-being and professional satisfaction.

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**Faculty Enhancement Opportunity (FEO)**

The University of Florida Provost, Dr. Joseph Glover, recently announced the next Faculty Enhancement Opportunity (FEO) grant cycle which will award funds beginning in the Spring of 2019. The FEO grants are a wonderful opportunity for faculty to receive support for numerous types of faculty enhancement projects or training. If you are interested in applying, please read the information at [https://facultyaffairs.med.ufl.edu/2018/08/09/spring-2019-faculty-enhancement-opportunity-feo/](https://facultyaffairs.med.ufl.edu/2018/08/09/spring-2019-faculty-enhancement-opportunity-feo/). Please make sure you meet the eligibility requirements before applying (3 years as full time faculty or equivalent as part time). The application form is available at the above FEO web page.

This is a 3 step process:

1. The College FEO committee (COM-FEO) requires a brief Letter of Intent (LOI) to be submitted as a one-line email sent to hamleen@ufl.edu to indicate that you will be preparing an application. This may be submitted any time prior to **August 31, 2018**.

2. Send your completed application to the COM-FEO review committee (email hamleen@ufl.edu) by **September 7, 2018 @5:00PM** at the latest. You must submit your application to the COM-FEO review committee for review and support. You will be informed if your application needs any clarification and if it will be submitted for University consideration.

3. If supported by the COM-FEO review committee, your application will be submitted to the Provost on or before the University submission deadline of **October 10, 2018**, for consideration by the University committee. Please send any questions or suggestions. This is an excellent faculty opportunity that is supported by the COM Faculty Council, Interim Dean Tyndall, Dean Haley, Provost Glover and President Fuchs.

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**New Grants Awarded!**
Steven Munger, PhD. Professor, Department of Pharmacology & Therapeutics has been awarded a National Institutes of Health T32 grant entitled, "Training Program in Chemosensory Science".

Edward Scott, PhD. Professor, Department of Molecular Genetics & Microbiology has been awarded a National Institutes of Health T32 grant entitled, "Regenerative Medicine Training Grant".

Christina Pacak, PhD. Assistant Professor, Department of Pediatrics has been awarded a National Institutes of Health R01 grant entitled, "Mechanisms and treatment of cardiac and skeletal muscular dysfunction in Barth Syndrome".

Christian Jobin, PhD. Professor, Department of Medicine has been awarded a National Institutes of Health R01 grant entitled, "Role of bacteria in colitis-associated colon cancer".

Yan Wang, PhD. Research Assistant Scientist, Department of Epidemiology has been awarded a National Institutes of Health R21 grant entitled, "Laboratory and field validation of a wrist worn alcohol biosensor among persons living with HIV".

Gilbert R. Upchurch, MD
Chair and Professor
Department of Surgery

Ashish K. Sharma, MBBS, PhD
Associate Professor
Department of Surgery
Dr. Upchurch and Dr. Sharma have been awarded a National Institutes of Health R01 grant entitled, "Pannexin-1 signaling in abdominal aortic aneurysms".

Alachua County children's meal program expanding

Did you know the Alachua County Public Schools sponsor sites throughout the county as part of the USDA Food and Nutrition Service's national summer food program? Starting this fall, 46 schools will provide free breakfast and lunch to children in need, regardless of income. Learn more in this WUFT news story.

UFIT tech tip: Clean your cell phone

When was the last time you cleaned your cell phone? As unpleasant as it may be to think about, cell phones are mobile petri dishes. UFIT offers some helpful tips for keeping your device clean in the July issue of UF at Work.

Take a (Better) Break! Booster Break Challenge Now Open

Start a group "booster break" with colleagues in your area to regularly renew your energy, connect with your team, and enter a drawing for a chance to win a free lunch for your group!
Using guidelines and suggestions provided, start a recurring community work break in your area. What could this look like? Group stretching or exercising, working on a puzzle, competing in a word search race, or going for a walk! Use the **Boost Guide** as a framework for getting started. Your group can do the same activity for each of your breaks or alternate between activities.

Complete the [submission form](#) by September 28 to be entered into a drawing to win lunch for your group (up to 20 group participants).

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**Faculty Research Communications: Provost's Initiative**
Submit your work to be eligible for a $1000 award from the Provost

One of the key elements of elevating the University of Florida's national and international reputation in pursuit of top-five public university stature is creating national and international interest in your research through coverage in top-tier news media outlets such as the New York Times, the Wall Street Journal and cable and network news programming. UF's Office of University Relations works with other campus communications professionals to seek out such research, but they rely heavily on you, the faculty, to inform them when your work has been accepted for publication in peer-reviewed journals.

Please contact University Relations when your papers have been accepted for publication. For those who do, Provost Joe Glover will offer $1,000 to each faculty member whose research is selected by University Relations to pitch to national and international media and to highlight on its online and social media platforms. University Relations will make its selections every two weeks, working in conjunction with the communicators in your college or unit. All you have to do is email University Relations a synopsis of no more than 250 words describing your research in layman's language and explaining its significance and how it will benefit society. Researchers also must be prepared to speak to reporters or designate someone on their team to do so.

Please email your submission to [news@ufl.edu](mailto:news@ufl.edu).

**Submissions from all areas of campus are welcome, but University Relations is especially interested in research in the following strategic focus areas:**

- Neuroscience and the Brain
- Biodiversity and the Earth
- Food Safety and Sustainability
- Medicine and Global Health
- Latin America and the Caribbean
- Early Childhood Development
- Renewable Energy
- Cybersecurity
- Drones and Autonomous Vehicles

The $1,000 must be used on your research-related activities, such as travel, books and supplies, etc. All synopses, regardless of whether they are selected by University Relations, will be featured in the Faculty Update newsletter. In addition, entries that are not selected may still be featured on news and social media platforms by University Relations and/or college or unit communications offices.

Please note: If your paper has been accepted by a journal with an embargo policy, please be assured that University Relations will honor the terms of the embargo and they work only with journalists who agree to abide by those terms as well.

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**Care@Work for faculty and staff**

Visit [uf-com.care.com](http://uf-com.care.com) to Enroll
Did You Know?

S.A.F.E. (Self-Defense Awareness & Familiarization Exchange)

The S.A.F.E. (Self-Defense Awareness and familiarization Exchange) program is taught by a nationally certified instructor who is dedicated to help members of our community become more aware of and better familiar with basic self-defense concepts. The course is a 2-hour class geared toward adult and teenage women. The class starts with a short introduction video, then progresses into a one and a half hour physical self-defense familiarization presentation.

The class is free, but enrollment is limited to ensure the highest level of quality instruction. Here is the current schedule for the 2018 year.

2018 Schedule:

Tuesday, August 14, 2018 / 6:00 p.m. to 8:00 p.m.
Wednesday, September 5, 2018 / 6:00 p.m. to 8:00 p.m.
Thursday, September 27, 2018 / 6:00 p.m. to 8:00 p.m.
Wednesday, October 17, 2018 / 6:00 p.m. to 8:00 p.m.
Wednesday, November 14, 2018 / 6:00 p.m. to 8:00 p.m.
Tuesday, December 11, 2018 / 6:00 p.m. to 8:00 p.m.

All classes will be held at the UFPD - Community Services Division classroom (Building 596). The UFPD is located at the corner of Museum Road and Newell Drive.

To register, please email the Program Coordinator, Officer Susan Pratt, at spratt@ufl.edu. Please provide your name, email address, phone number, and which class dates you would like to attend.
UF Health Highlights

Meet University of Florida Health Dr. Vincent Bird in the Department of Urology

Now available - Mamava privacy pod for breastfeeding.

For faculty, staff, trainees, students, visitors and patients. Located just west of the atrium lobby, across from the outpatient phlebotomy lab station.
As a Baby-Friendly designated hospital system, UF Health shares the desire to support, protect and promote breastfeeding. Lactation resources available to staff, outpatients and visitors at our Archer Road hospitals now include:

- UF Health Shands Hospital, First Floor (near Outpatient Pharmacy and Outpatient Lab)
- UF Health Shands Hospital, Seventh Floor, Room 7502 (five pumping stations)
- UF Health Shands Cancer Hospital, Sixth Floor, Room 6012 (two pumping stations)
- UF Health Heart & Vascular and UF Health Neuromedicine hospitals, Fourth Floor, Rooms 4537 and 4539 (one individual pumping station in each room)

(Note: Inpatient needs are accommodated on patient units.)

Next meeting, Tuesday, September 4, 2018
at 5:00 pm in M-112

Check the website for information about meetings and activities:

http://facultyCouncil.med.ufl.edu/

Upcoming Educational & Professional Development Seminars:

Educational Development Seminars

Professional and Educational Development Seminar Series will be posted soon.

View previous seminars online at
https://facultyAffairs.med.ufl.edu